



2025/2026 St Veronicas Roman Catholic Primary School – PE Curriculum Map

KS1						
Reception	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	EYFS- Fundamental Movement Skills	EYFS – FMS- Space	EYFS- FMS Seaside	EYFS – Jack and the Beanstalk	EYFS- FMS Rosies Walk	EYFS – FMS – Mini Beasts
Outdoor Lesson			Swimming			
Extra-Curricular	-Outdoor play focused on FMS	-Xmas nativity performance -Outdoor play focused on FMS -Participating in a Christingle assembly -Xmas disco	-Children's mental health week activities -Outdoor play focused on FMS -Therapy dog to visit the class	-World Book Day – Wear your favorite quote -Outdoor play focused on FMS	-Outdoor play focused on FMS -Visit to the farm	-Outdoor play focused on FMS Sports day -Go Velo bike riding -Interactive minibeast event
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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KS1						
Year 1	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	KS1 – Piggy in the Middle	FMS Catching and Bouncing a ball.	Gymnastics Activities Core Task 1	Gymnastics Activities Core Task 2	KS1 Y1 Athletics	Ks1 FMS Baseline Unit-Supertato
Outdoor Lesson	KS1 Bounce Ball	FMS Underarm Throw	Swimming	FMS Overarm Throw	KS1 FMS Tri Throw	KS1 FMS Zog
Extra-Curricular		-Participating in a Christingle assembly -Xmas disco	-Children’s mental health week activities -Therapy dog to visit the class	-World Book Day – Wear your favorite quote		-Sports day
Major Sporting Events	Six Nations-Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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KS1						
Year 2	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	KS1 Games- Piggy in the Middle (Core Task)	Dance- Moving Along	Athletics	Gymnastics Activities	Dance- Seaside	FMS End of KS1 Assessment
Outdoor Lesson	Bounce Ball	Games- Net and Wall	Swimming	Games- Striking and Fielding	Playground games in the 20 th Century	OAA The Great Outdoors
Extra-Curricular	-Fine motor activities	-Participating in a Christingle assembly -Xmas disco	-Children's mental health week activities -Pirate themed day -Therapy dog to visit the class	-World Book Day – Wear your favorite quote		-Sports day
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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LKS2						
Year 3	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	Gymnastics Core Task 1	Dance- Rock and Roll	Athletics	Gymnastics Core Task 2	Dance- Ironman	Health Related Fitness
Outdoor Lesson	Net and Wall Unit Core Task 1	Invasion Games – Rugby 1	Swimming	Creative Games- Tag and Target	Net and Wall Unit Core Task 2	Invasion Games – On the Attack
Extra-Curricular		-Visit to Helmshore Textile Museum -Participating in a Christingle assembly -Xmas disco	-Children’s mental health week activities -Therapy dog to visit the class	-World Book Day – Wear your favorite quote		-Sports day
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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LKS2						
Year 4	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	Year 4 Gymnastics Core Task 1	Dance- Sparks Might Fly	Target Games- Dodgeball	Year 4 Gymnastics Core Task 2	Dance- Superheroes	Target Games- Boccia
Outdoor Lesson	Striking and Fielding- Cricket	Invasion Games- Rugby 2	Swimming	Invasion Games - Netball	Invasion Games- Basketball	Teamwork & Problem Solving
Extra-Curricular		-Leading an advent service -Xmas disco	-Children's Mental Health Week – Activity to make an emoji cushion -Therapy dog to visit the class	-World Book Day - Wear your favorite quote	-River walk around Helmshore	-Immersive Tudor experience day -Sports day
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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UKS2						
Year 5	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	Year 5 Gymnastics Core Task 1	Dance- Earthlings	Net and Wall- Badminton	Year 5 Gymnastics Core Task 2	Year 5 /6 Dance- Food, Glorious Food	Year 5/ 6 Invasion Games – Netball
Outdoor Indoor	Striking and Fielding - Cricket	Invasion Games- Rugby 1	Swimming	Year 5 / 6 Net and Wall - Tennis	Year 5/ 6 Creative Games	Year 5 /6 OAA – Teamwork and Problem Solving 1
Extra-Curricular	-Sort school games crew and play leaders	-Leading an advent service -Xmas disco	-Children's mental health week activities -Anne Frank Trust experience day -Therapy dog to visit the class	-World Book Day, wear your favorite quote		-High adventure trip -Sports day -End of year production
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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UKS2						
Year 6	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Indoor Lesson	Year 6 Gymnastics Core Task 1	Year 5/6 Dance – Highway Man	Year 5/ 6 Net and Wall- Badminton	Year 6 Gymnastics Core Task 2	Year 5/ 6 Dance – Robin Hood	Year 5/6 Athletics
Outdoor Lesson	Year 5 /6 Striking and Fielding Games- Rounders	Year 5/ 6 Invasion Games – Rugby 2	Swimming	Year 5 /6 Invasion Games – Hockey	Year 5 /6 Invasion Games – Football	Year 5/ 6 OAA – Teamwork and Problem Solving 2
Extra-Curricular	-Go Velo Bikeability -Open Morning, Y6 showing parents around	-Leading an advent service -Xmas disco	-Children’s mental health week activities -Therapy dog to visit the class -Anne Frank Trust	-World Book Day - Wear your favorite quote -Life Education	-End of SATs Picnic in the Park	-End of year production -Leavers assembly -Sports Day -Colour Run
Major Sporting Events	Six Nations- Rugby	The Ashes	European Figure Skating Championship 2026	World Wheelchair Curling Competition	The London Marathon World Snooker Championship	Wimbledon

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