

PSHE Intent Statement

Intent

At St. Veronica's RC Primary School, our PSHE curriculum intends to deliver learning which is accessible to all and will maximise the outcomes for every child by promoting positive behaviour, mental health and general well-being. As a result, children will become healthy, independent and responsible members of society, demonstrating the British Values. They will understand how we develop personally and socially, and have the confidence to tackle many of the moral, social and cultural issues that are part of growing up with maturity and dignity.

Children will demonstrate tolerance and understanding as a member of a diverse society and develop a sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation

At St. Veronica's, we use SCARF (Safety, Caring, Achievement, Resilience and Friendship), a comprehensive scheme of work and spiral curriculum for PSHE and RSE.

We follow the six suggested half-termly units and adapt the scheme of work where necessary to meet the specific circumstances of our school:

1. **Me and My Relationships** (includes content on feelings, emotions, conflict resolution and friendships)
2. **Valuing Difference** (a focus on respectful relationships and British values)

3. **Keeping Safe** (looking at keeping ourselves and others healthy and safe)
4. **Rights and Respect** (learning about money, living in the wider world and respecting the environment)
5. **Being My Best** (developing skills in keeping healthy, developing a growth mind-set, goal-setting and achievement)
6. **Growing and Changing** (finding out about the human body, the changes that take place from birth to old age and being safe)

Children explore these topics year-on-year, building a toolkit of knowledge which they apply in scenario-based lessons, giving them opportunity to ask questions and practise the skills in a safe and nurturing environment.

By fully understanding our children and families, we tailor our PSHE curriculum, to address the needs we have identified. In support of this, we provide a RSE week in the Summer Term devoted to topics within the 'Growing and Changing' unit.

Impact

At St. Veronica's we seek to ensure that our PSHE curriculum improves the physical and social well-being of pupils. We believe we can help children become caring, respectful and confident individuals.

We will:

- Develop children's self-esteem, confidence and self-awareness to make informed choices.
- Encourage and support the development of children's social skills and awareness.
- Help children make sense of their personal and social experiences.

- Promote responsibility and encourage children to take care of their physical and mental health.
- Enable effective interpersonal relationships and a caring attitude towards others.
- Encourage a caring and responsible attitude towards the environment.
- Help children understand and manage their feelings, building resilience and independence.
- Ensure children understand how society works and the laws, rights and responsibilities of a citizen of the UK.