



Summer Term 2024

Dear Year 2 parents,

I am writing to inform you of what PSHE lessons will be covered Year 2 during the 'Growing and Changing' topic of our PSHE curriculum in Summer 2.

Below are details of what the SCARF (our PSHE scheme) learning outcomes are and a brief outline of what each lesson will involve.

Lesson 1 – A helping hand

This lesson will focus on positive feedback. We will be doing a circle time where we are going to think about giving support to other and feedback which is helpful. We will discuss times we have received feedback previously, how it made us feel and why. We will then consider how we can give kind and helpful feedback.

We will then set up a simple obstacle course and children will work in pairs to go around it. One will be blindfolded and the other will help them around safely and then they will swap. This reinforces the idea of positive feedback and encouragement.

Scarf Learning Outcomes;

- Demonstrate simple ways of giving positive feedback to others

Lesson 2 – Sam moves away

This lesson will focus on change and loss. We will start the session by discussing times where we have lost something, how it made us feel and whether or not we still feel this way. We will then start thinking not just about losing things but also about saying goodbye to people.

We will read the story *Sam Moves Away* and discuss the different emotions felt when someone moves away and then emotions felt when people are reunited. We will also discuss the different ways that people can keep in touch. [Letter, email, text, Skype, FaceTime (or similar), visiting them, social media etc.]

Scarf Learning Outcome;

- Recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to.

Lesson 3 - Haven't you grown!

This lesson will focus on how we all grow and develop in our own way. We will consider how we have grown, not only physically, but in their capabilities too. We will discuss and value our own and other people's talents and skills, in addition to academic achievements. We will share memories of what we could do at a particular age, what things we enjoyed and any funny habits/traits we had. We will discuss how we all grow at different rates and we all

learn to do things at different times. The children will list the things that they can do now and what they look forward to in the future.

We will consider the questions:

- What do you think made us grow?
- Who helped us grow?

We will discuss that as we grow and become more independent, we will need to make choices to keep safe. We will discuss that being safe may sometimes involve asking adults for permission to do certain things but that they must always ask a trusted adult if you are unsure in any situation.

Scarf Learning Outcomes;

- Identify different stages of growth (e.g. baby, toddler, child, teenager, adult);
- Understand and describe some of the things that people are capable of at these different stages.

Lesson 4 – My body, your body

This lesson will focus on naming the body parts including the scientific names for external genitalia. The children will label a diagram of the body parts of a boy and a girl. It will be explained that our privates/genitals are private and no one has a right to touch them or look at them, that they belong to the child. We will also discuss that our bodies are unique and special and that the way we think, feel and behave is what we call our personality which is also unique.

Scarf Learning Outcomes;

- Identify which parts of the human body are private;
- Explain that a person's genitals help them to make babies when they are grown up;
- Understand that humans mostly have the same body parts but that they can look different from person to person.

Lesson 5 – Respecting privacy

We will start this session by discussing what the children already know about keeping private parts private e.g. what are your privates and why are they private.

This lesson will focus on the three types of private.

1. Privates, or private parts: a person's genitals; these are parts of your body that belong to you.
2. Private belongings: things that belong to you and that no one else can touch without your permission.
3. Private information: information that is personal to you and that you only want your special people - such as your close family and only your close friends to know about.

We will read a story about Georgia and Katie having a sleepover. We will discuss what things Katie might pack and whether or not Georgia can open the bag and look through Katie's private belongings, what about if Katie gave her permission? Reinforcing the idea of consent. We will also discuss why Katie may wear a pull-up nappy at bedtime and whether or not Georgia should share this information with anyone else, again reinforcing the notion of privacy and consent.

Scarf Learning Outcomes;

- Explain what privacy means;
- Know that you are not allowed to touch someone's private belongings without their permission;
- Give examples of different types of private information.

Lesson 6 – Some secrets should never be kept

This lesson will focus on protecting children from unsafe touches by teaching them to always speak up. We will start by reading the story 'Some Secrets Should Never Be Kept' and discuss.

We will then consider if someone tells you to keep a secret, but it's not a safe secret, what could we do? We will then reinforce the idea of talking to a trusted grown up.

The children will then draw around their hand. They will then write on the palm their name e.g. 'Alfred's Safety Network' and on each finger they will write the name of someone in their lives they trust and can talk to easily.

Scarf Learning Outcomes;

- Identify how inappropriate touch can make someone feel;
- Understand that there are unsafe secrets and secrets that are nice surprises;
- Explain that if someone is being touched in a way that they don't like they have to tell someone in their safety network so they can help it stop.

This PSHE Unit covers a lot of sensitive issues and the way we will approach these sensitive issues will create an open and honest dialogue with your children and we will ensure that they are given the facts and truths rather than being exposed to myths and rumours by peers and older people which could cause them to feel confused and even scared. Our children need to be informed about their bodies and they need to feel comfortable about what will be happening to them. This is the main purpose of our Relationship and Sex Education lessons at St Veronica's and we will deliver it in a sensitive, relaxed, open and age-appropriate way.

If you have any questions or concerns, please speak to me at parents evening on the 13th March, alternatively you can ring the school office to book a consultation with me and I can hopefully clarify things and reassure you.

Many thanks for your support,
Mrs Thompson