

Lower Key Stage 2 Long Term Plan

Year 3

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 Invasion Netball (To demonstrate chest & bounce pass and to using prior knowledge from KS1, apply tactics to a simple invasion game. Character Value - Honesty	Year 3/4 striking & fielding – Cricket (To demonstrate striking a ball from a tee, drop feed or bowl. To demonstrate bowling underarm and to apply simple tactics to a modified competitive game) Character Values – Communication & Evaluation.	Year 3/4 Target Games – Dodgeball (To continue to learn and develop simple attacking tactics through playing target games.) Character Values – Honesty & respect.	Gymnastics (To continue from previous unit using apparatus and to evaluate successful transitions between travelling, balancing on small body parts, jumping and rolling.) Character Values – Determination, Self-belief & Evaluation.	Yr 3 Invasion Games – rugby (To use prior knowledge of invasion games and to improve accuracy of FMS of throwing a catching through the sport of rugby.) Character Value – Honesty.	Yr 3/4 Target Games Boccia (To demonstrate sending a boccia ball to a target with some accuracy. To show tactics as a team when playing Boccia) Character Values – Determination & Respect.
Gymnastics (To create & demonstrate a gymnastics sequence of at least six actions using travelling, rolling, jumping and balancing on small body parts) Character Value – Trust, Self-Belief & evaluation.	Year 3 Invasion Games – Handball (To perform a one handed pass in an invasion game and to use prior knowledge of invasion games to apply a simple tactic to outwit a defender.) Character Value - Honesty	Dance (Ironman) (To perform all dances created in the scheme, in a well organised structure using teamwork skills and character.) Character Value - Passion	Dance Rock and Roll (To explore unique movements, to sequence movements into a structure, to create a solo with stillness & perform a whole class circle dance inspired by traditional, social and/or historic dances.) Character Value – Co-operation.	Net/Wall – Core Task 1 (To improve FMS of throwing and catching, to familiarise themselves with a racquet and practice striking skills. To devise their own game) Character Values – Co-operation, Self-Belief & Determination	Year 3/4 OAA Team work and problem solving (To take part in a range of problem solving activities. To complete the tasks using teamwork with clearly defined roles and responsibilities.) Character Values – Co-operation & respect.