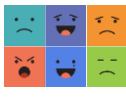
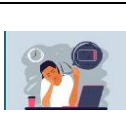


Prior Knowledge

The unit Me and My Relationships is being taught in Reception, Year 1, Year 2 and Year 3.

Key Vocabulary:

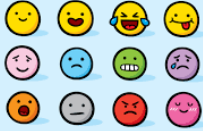
	ignored	To refuse to take notice of or acknowledge; disregard intentionally.		Body language	The conscious and unconscious movements and postures by which attitudes and feelings are communicated.
	delighted	Feeling or showing great pleasure		emotions	These change based on one's circumstances, mood, or relationships with others.
	teasing	The act of making fun of, annoying, or provoking someone or something, which can be playful and light-hearted, hurtful, or even a form of manipulation or persuasion.		excluded	To shut or keep out; prevent the entrance of.
	confident	Feeling or showing confidence in oneself or one's abilities or qualities.		collaborate	Work jointly on an activity or project
	calm	Feeling peaceful, relaxed and not worried or upset.		feelings	A feeling word is a word that describes the way we feel about a situation. For example happy, sad, angry, nervous and excited.
	frightened	Feeling fear or worry		pressure	The use of persuasion or intimidation to make someone do something.
	compromise	A way of reaching agreement in which each person or group gives up something that was wanted in order to end an argument or dispute.		bullying	Seek to harm, intimidate, or coerce (someone perceived as vulnerable).

Key learning:

I can give a lot of examples of how I can tell a person is feeling worried just by their body language.

I can say what I could do if someone was upsetting me or if I was being bullied.

I can explain what being 'assertive' means and provide examples of what this might look like.

 Week 1: Human machines	To demonstrate strategies for working on a collaborative task. To define successful qualities of teamwork and collaboration.	 Week 4: An email from Harold	Describe 'good' and 'not so good' feelings and how feelings can affect our physical state. Explain how different words can express the intensity of feelings.
 Week 2: Ok or not ok? Part One	Explain what we mean by a 'positive, healthy relationship.' Describe some of the qualities that they admire in others.	 Week 5: Different feelings	Identify a wide range of feelings. Recognise that different people can have different feelings in the same situation. Explain how feelings can be linked to physical state.
 Week 3: Ok or not ok? Part Two	Recognise that there are times when they might need to say 'no' to a friend. Describe appropriate assertive strategies for saying 'no' to a friend.	 Week 6: When feelings change  Week 7: Under pressure	Demonstrate a range of feelings through their facial expressions and body language. Recognise that their feelings might change towards someone or something once they have further information. Give examples of strategies to respond to being bullied, including what people can do and say. Understand and give examples of who or where pressure to behave in an unhealthy, unacceptable or risky way might come from

Next Steps

In Year 5 you will continue to learn about relationship, with a particular focus on collaboration, friendship and being assertive.